

The Bible says, in Jesus Christ...

- I am faithful (Ephesians 1:1)
- I am God's child (John 1:12)
- I have been justified (Romans 5:1)
- I am Christ's friend (John 15:15)
- I belong to God (1 Corinthians 6:20)
- I am a member of Christ's Body (1 Corinthians 12:27)
- I am assured all things work together for good (Romans 8:28)
- I have been established, anointed and sealed by God (2 Corinthians 1:21-22)
- I am confident that God will perfect the work He has begun in me (Philippians 1:6)
- I am a citizen of heaven (Philippians 3:20)
- I am hidden with Christ in God (Colossians 3:3)
- I have not been given a spirit of fear, but of power, love and self-discipline (2 Timothy 1:7)
- I am born of God and the evil one cannot touch me (1 John 5:18)
- I am blessed in the heavenly realms with every spiritual blessing (Ephesians 1:3)
- I am chosen before the creation of the world (Ephesians 1:4, 11)
- I am holy and blameless (Ephesians 1:4)
- I am adopted as his child (Ephesians 1:5)
- I am given God's glorious grace lavishly and without restriction (Ephesians 1:5,8)
- I am in Him (Ephesians 1:7; 1 Corinthians 1:30)
- I have redemption (Ephesians 1:8)
- I am forgiven (Ephesians 1:8; Colossians 1:14)
- I have purpose (Ephesians 1:9 & 3:11)
- I have hope (Ephesians 1:12)
- I am included (Ephesians 1:13)
- I am sealed with the promised Holy Spirit (Ephesians 1:13)
- I am a saint (Ephesians 1:18)
- I am salt and light of the earth (Matthew 5:13-14)
- I have been chosen and God desires me to bear fruit (John 15:1,5)
- I am a personal witness of Jesus Christ (Acts 1:8)
- I am God's coworker (2 Corinthians 6:1)
- I am a minister of reconciliation (2 Corinthians 5:17-20)
- I am alive with Christ (Ephesians 2:5)
- I am raised up with Christ (Ephesians 2:6; Colossians 2:12)
- I am seated with Christ in the heavenly realms (Ephesians 2:6)
- I have been shown the incomparable riches of God's grace (Ephesians 2:7)
- God has expressed His kindness to me (Ephesians 2:7)
- I am God's workmanship (Ephesians 2:10)
- I have been brought near to God through Christ's blood (Ephesians 2:13)
- I have peace (Ephesians 2:14)
- I have access to the Father (Ephesians 2:18)
- I am a member of God's household (Ephesians 2:19)
- I am secure (Ephesians 2:20)
- I am a holy temple (Ephesians 2:21; 1 Corinthians 6:19)
- I am a dwelling for the Holy Spirit (Ephesians 2:22)
- I share in the promise of Christ Jesus (Ephesians 3:6)
- God's power works through me (Ephesians 3:7)
- I can approach God with freedom and confidence (Ephesians 3:12)

- I know there is a purpose for my sufferings (Ephesians 3:13)
- I can grasp how wide, long, high and deep Christ's love is (Ephesians 3:18)
- I am completed by God (Ephesians 3:19)
- I can bring glory to God (Ephesians 3:21)
- I have been called (Ephesians 4:1; 2 Timothy 1:9)
- I can be humble, gentle, patient and lovingly tolerant of others (Ephesians 4:2)
- I can mature spiritually (Ephesians 4:15)
- I can be certain of God's truths and the lifestyle which He has called me to (Ephesians 4:17)
- I can have a new attitude and a new lifestyle (Ephesians 4:21-32)
- I can be kind and compassionate to others (Ephesians 4:32)
- I can forgive others (Ephesians 4:32)
- I am a light to others, and can exhibit goodness, righteousness and truth (Ephesians 5:8-9)
- I can understand what God's will is (Ephesians 5:17)
- I can give thanks for everything (Ephesians 5:20)
- I don't have to always have my own agenda (Ephesians 5:21)
- I can honor God through marriage (Ephesians 5:22-33)
- I can parent my children with composure (Ephesians 6:4)
- I can be strong (Ephesians 6:10)
- I have God's power (Ephesians 6:10)
- I can stand firm in the day of evil (Ephesians 6:13)
- I am dead to sin (Romans 1:12)
- I am not alone (Hebrews 13:5)
- I am growing (Colossians 2:7)
- I am His disciple (John 13:15)
- I am prayed for by Jesus Christ (John 17:20-23)
- I am united with other believers (John 17:20-23)
- I am not in want (Philippians 4:19)
- I possess the mind of Christ (1 Corinthians 2:16)
- I am promised eternal life (John 6:47)
- I am promised a full life (John 10:10)
- I am victorious (1 John 5:4)
- My heart and mind is protected with God's peace (Philippians 4:7)
- I am chosen and dearly loved (Colossians 3:12)
- I am blameless (1 Corinthians 1:8)
- I am set free (Romans 8:2; John 8:32)
- I am crucified with Christ (Galatians 2:20)
- I am a light in the world (Matthew 5:14)
- I am more than a conqueror (Romans 8:37)
- I am the righteousness of God (2 Corinthians 5:21)
- I am safe (1 John 5:18)
- I am part of God's kingdom (Revelation 1:6)
- I am healed from sin (1 Peter 2:24)
- I am no longer condemned (Romans 8:1, 2)
- I am not helpless (Philippians 4:13)
- I am overcoming (1 John 4:4)
- I am persevering (Philippians 3:14)
- I am protected (John 10:28)
- I am born again (1 Peter 1:23)
- I am a new creation (2 Corinthians 5:17)
- I am delivered (Colossians 1:13)
- I am redeemed from the curse of the Law (Galatians 3:13)
- I am qualified to share in His inheritance (Colossians 1:12)
- I am victorious (1 Corinthians 15:57)